



Online Shopping  
Partner  
**instacart**

Local Family  
Owned & Operated

Now Accepting!  
Cornell Dining's City Bucks Program  
Only At Our Ithaca Location

**DOUBLE COUPONS UP TO 99¢**

See store for details.

Visit us online at: [pandcfresh.com](http://pandcfresh.com)

Ad Prices Effective: Sunday, July 26th – Saturday, August 1st, 2026



1893 Premium  
All Natural  
**Boneless  
Chicken Breast**  
**\$3.49**  
Lb.



1893 Premium  
All Natural Pork  
**Boneless  
Center Cut  
Chops or Roast**  
**\$2.99**  
Lb.



1893 Premium Beef  
**Boneless  
Top Round  
London Broil**  
**\$6.99**  
Lb.



Fresh  
**Bi-Color  
Sweet Corn**  
**5/\$2.99**



Pint, Fresh  
**Blueberries**  
**2/\$5**



5 Lb. Bag, US #2,  
4.25 Lbs. of Potatoes  
& .75 Lbs. of Salt  
**Salt Potatoes**  
**\$4.99**  
Ea.



Whole  
**Seedless  
Watermelon**  
**\$5.99**  
Ea.



**Vidalia  
Onions**  
**99¢**  
Lb.



**Wunderbar  
German  
Bologna**  
**\$3.99**  
Lb.



6 Ct.  
**Kimmelweck  
or Kaiser Rolls**  
**\$2.99**  
Ea.



16 Oz.  
Select Varieties  
**Smithfield  
Bacon**  
**\$4.99**  
Ea.



16 Oz., Red Ripe  
**Strawberries**  
**\$2.99**  
Ea.  
Additional  
Quantities  
2/\$7  
Limit 2 Coupons Per Customer With A \$30  
Additional Purchase. Excludes Online Orders.  
OFFER VALID 07/26/26 - 08/01/26 PLU#653



6-8 Oz., Select Varieties  
**Best Yet Shredded  
or Chunk Cheese**  
**\$1.49**  
Ea.  
Additional  
Quantities  
5/\$10  
Limit 2 Coupons Per Customer With A \$30  
Additional Purchase. Excludes Online Orders.  
OFFER VALID 07/26/26 - 08/01/26 PLU#654



52 Oz.  
Select Varieties  
**Simply Lemonade**  
**\$1.49**  
Ea.  
Additional  
Quantities  
\$1.99 Ea.  
Limit 2 Coupons Per Customer With A \$30  
Additional Purchase. Excludes Online Orders.  
OFFER VALID 07/26/26 - 08/01/26 PLU#655



5.5-7.3 Oz.  
Select Varieties  
**Kraft  
Mac & Cheese**

**10/\$10**



6 Pk./16.9 Oz.  
Select Varieties  
Plus Dep. in NY  
**Pepsi  
Products**

**2/\$10**



40.25-42.43 Oz.  
Select Varieties  
**Wild Mike's  
Pizza**

**\$3.99**  
Ea.



15 Oz.  
Select Varieties  
**Wish-Bone  
Dressing**

**2/\$4**



5-15 Oz.  
Select Varieties  
**Tostitos  
Cantina or  
Lay's Chips**

**\$3.49**  
Ea.



32 Oz.  
**Heinz  
Tomato  
Ketchup**

**\$3.99**  
Ea.



24-28 Oz.  
Select Varieties  
**Grown  
In Idaho  
Potatoes**

**\$3.99**  
Ea.



1893 Premium  
All Natural  
**Chicken Leg  
Quarters**

**\$1<sup>29</sup>**  
Lb.



1893 Premium  
All Natural  
**Pork  
Tenderloins**

**\$3<sup>49</sup>**  
Lb.



All Natural  
Pasture Raised  
Product Of Brazil  
**Boneless  
New York  
Strip Steak**

**\$9<sup>99</sup>**  
Lb.



**Green Zucchini  
or Yellow  
Squash**

**\$1<sup>79</sup>**  
Lb.



9.1-13 Oz.  
Select Varieties  
**Fresh Express  
Chopped or  
Twisted Salad Kits**

**\$3<sup>99</sup>**  
Ea.



**Imported  
Colored  
Peppers**

**\$2<sup>99</sup>**  
Lb.



**Fresh &  
Sweet  
Peaches**

**\$1<sup>69</sup>**  
Lb.



**16 Oz.  
Ripe  
Grape  
Tomatoes**

**2/\$5**



7 Oz.  
Select Varieties  
**Cabot  
Cracker Cuts**

**2/\$7**



9.2-13.8 Oz.  
Select Varieties  
**Kellogg's  
Crackers**

**2/\$7**



13.75-18.4 Oz.  
Select Varieties  
**Nestle  
Drumstick  
Cones**

**\$4<sup>99</sup>**  
Ea.



5 Oz.  
Select Varieties  
**Starkist  
Chunk White  
Tuna**

**2/\$3**



20-30 Oz.  
Select Varieties  
**Hellmann's  
Mayonnaise**

**\$6<sup>99</sup>**  
Ea.



15-24 Oz.  
Select Varieties  
**Classico  
Pasta Sauce**

**2/\$7**



14 Oz.  
Select Varieties  
**Hormel  
Mary Kitchen  
Hash**

**\$3<sup>49</sup>**  
Ea.



12-24 Oz.  
Select Varieties  
**Bob Evans  
Sides**

**\$3<sup>99</sup>**  
Ea.



9.6 Oz. or 10 Ct.  
Select Varieties  
**Folgers  
Ground or  
K-Cup Coffee**

**\$6<sup>99</sup>**  
Ea.



**Boar's Head  
Ovensgold  
Turkey Breast**

**\$14<sup>99</sup>**  
Lb.



16 Oz.  
**Daisy  
Cottage Cheese**

**\$2<sup>99</sup>**  
Ea.



11.5-16.95 Oz.  
Select Varieties  
**Banquet  
Mega Bowls**

**3/\$10**



11.2-16.8 Oz.  
Select Varieties  
**General Mills  
Large Size  
Cereal**

**3/\$10**



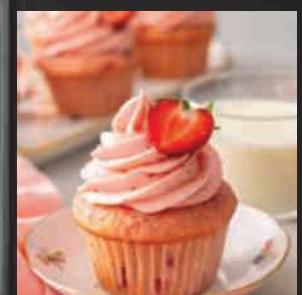
8 Pk. or 64 Oz.  
Select Varieties  
**Juicy Juice  
Drinks**

**\$3<sup>99</sup>**  
Ea.



16-19.1 Oz.  
Select Varieties  
**Betty Crocker  
Dessert Mix**

**\$3<sup>49</sup>**  
Ea.



6 Ct.  
Select Varieties  
**Cupcakes**

**\$6<sup>99</sup>**  
Ea.