

Local Family Owned & Operated

Now Accepting!
Cornell Dining's City Bucks Program
Only At Our Ithaca Location

DOUBLE COUPONS UP TO 99¢
See store for details.

Visit us online at: pandcfresh.com
Ad Prices Effective: Sunday, April 12th – Saturday, April 18th, 2026



1893 Premium All Natural Boneless Chicken Tenderloins
\$2.99 LB.



1893 Premium All Natural Pork Bone-In Center Cut Pork Chops
\$2.49 LB.



All Natural Pasture Raised Product Of Brazil Boneless Rib Eye Steaks
\$11.99 LB.



2 Lb. Bag, US #1, Select Varieties SnapDragon, Evercrisp, Rockit or Ruby Frost Apples
\$2.99 EA.



Seedless Black, Red or Green Grapes
\$2.49 LB.



4 Oz. Select Varieties Little Leaf Farms Salad Blends
2/\$5



Hot House Tomatoes
\$1.79 LB.




Western Grown Broccoli Crowns
\$1.79 LB.



\$4.99 LB.
Wunderbar In Our Deli German Bologna
\$3.99 LB.



In Our Deli Boar's Head FireSmith Flame Grilled Chicken Breast
\$14.99 LB.



8 Ct. In Our Bakery Small Kaiser Rolls
\$2.99 EA.



48 Oz. Select Varieties Friendly's Ice Cream
\$3.99 EA.
Additional Quantities \$4.99 Ea.
Limit 1 Coupon Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
Expires April 18th, 2026



22.6-25.9 Oz. Select Varieties Folgers Ground Coffee
\$9.99 EA.
Additional Quantities \$11.99 Ea.
Limit 1 Coupon Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
Expires April 18th, 2026



52-59 Oz. Select Varieties Florida's Natural Grapefruit or Orange Juice
\$1.99 EA.
Additional Quantities 2/\$6
Limit 1 Coupon Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
Expires April 18th, 2026



6-8 Oz. Select Varieties Best Yet Shredded or Chunk Cheese
2/\$4



6-10.75 Oz. Select Varieties Doritos or Sun Chips
\$3.99 EA.



32 Oz. Select Varieties International Delight Creamer
2/\$6



10.75 Oz. Campbell's Chicken Noodle or Tomato Soup
3/\$4



9.25-13 Oz. Select Varieties Healthy Choice Café Steamers or Marie Callender's Bowls
2/\$4



14-32 Oz. Select Varieties McCain Potatoes
2/\$7



12 Pk./12 Oz. Select Varieties Plus Dep. in NY Pepsi Products
\$7.99 EA.



1893 Premium Beef
**Shoulder
London Broil
or Roasts**
\$5.99
LB.



1893 Premium
All Natural Pork
**Bone-In
Center Cut
Pork Roast**
\$2.49
LB.



1893 Premium
All Natural
**Pork
Tenderloins**
\$3.49
LB.



1893 Premium
All Natural Pork
**Bone-In
Country Style
Spare Ribs**
\$2.49
LB.



Seedless
**English
Cucumbers**
\$1.69
EA.



4 Oz.
**Giorgio
Baby Button
Mushrooms**
\$1.29
EA.



4 Ct.
**Rainbow
Peppers**
\$3.99
EA.



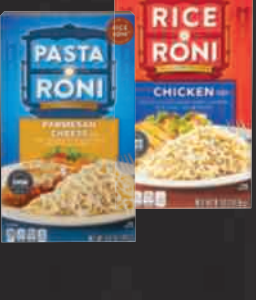
4 Lb. Bag
California
**Navel
Oranges**
\$5.99
EA.



52-64 Oz.
Select Varieties
Lactaid Milk
2/\$6



13.9-16.8 Oz.
Select Varieties
**General Mills
Large Size
Cereal**
2/\$8



4.6-7.2 Oz.
Select Varieties
**Rice or
Pasta Roni**
2/\$4



15-24 Oz.
Select Varieties
**Francesco
Rinaldi
Pasta Sauce**
2/\$5



4.7-8.7 Oz.
Select Varieties
**Betty Crocker
Helpers**
2/\$4



14.5-15.25 Oz.
Select Varieties
**Best Yet
Canned Fruit**
3/\$5



10.68-20 Oz.
Select Varieties
**Nabisco
Family Size
Oreo Cookies**
\$4.49
EA.



7-8 Oz.
Select Varieties
**Green Giant
Simply Steam
Vegetables**
3/\$4



4 Ct.
Select Varieties
**Hot
Pockets**
\$4.99
EA.



12-16 Oz.
Select Varieties
**Smithfield
Bacon**
\$6.99
EA.



28-32 Oz.
Select Varieties
**Bob Evans
Family Size
Sides**
\$5.99
EA.



15 Oz.
Select Varieties
**Ball Park
Meat Franks**
\$3.49
EA.




12-20 Oz.
Select Varieties
**Gulden's Mustard
or Hunt's
Tomato Ketchup**
2/\$3



8.4-14.8 Oz.
Select Varieties
**Eggo Waffles,
Pancakes or
French Toast**
2/\$6



6 Pk./16.9 Oz.
or 8 Pk./20 Oz.
Select Varieties
**Gold Peak,
Powerade or
VitaminWater**
\$6.99
EA.



4.5-6.7 Oz.
Select Varieties
**Chobani
Yogurt**
2/\$3