

Local Family Owned & Operated

Now Accepting!
Cornell Dining's City Bucks Program
Only At Our Ithaca Location

DOUBLE COUPONS UP TO 99¢
See store for details.

Visit us online at: pandcfresh.com
Ad Prices Effective: Sunday, May 17th – Saturday, May 23rd, 2026



1893 Premium All Natural Boneless Chicken Thighs
\$3.49 LB.



1893 Premium All Natural Pork Bone-In Center Cut Pork Chops
\$2.49 LB.



All Natural Pasture Raised Product Of Brazil Boneless Rib Eye Steaks
\$10.99 LB.



1893 Premium All Natural Pork Baby Back Spare Ribs
\$4.99 LB.



Fresh Bi-Color Sweet Corn
5/\$2.99



Whole Seedless Watermelon
\$5.99 EA.



6-16 Oz. Blackberries, Raspberries or Strawberries
2/\$7



Gold Pineapple
\$3.49 EA.



12-14 Oz. Select Varieties Hillshire Farm Kielbasa or Smoked Sausage
\$4.99 EA.



15 Oz. Select Varieties Ball Park Meat Franks
\$2.99 EA.



38 Oz. Heinz Tomato Ketchup
\$3.99 EA.



30 Oz. Select Varieties Hellmann's Real Mayo
\$4.99 EA.



In Our Deli Wunderbar Bologna
\$3.99 LB.



12 Oz. Select Varieties Heluva Good! Dip
2/\$4



6 Ct. Kimmelweck or Kaiser Rolls
\$3.99 EA.



24 Oz. Apple, Cherry or Blueberry Table Talk 8 Inch Pies
\$5.99 EA.



16-30 Oz. Select Varieties Klondike Novelties
2/\$7



22-28 Oz. Select Varieties Bush's Baked & Grillin' Beans
2/\$4



128 Oz. Select Varieties Arizona Tea
2/\$5



16 Oz. Select Varieties Land O Lakes Butter Quarters
2/\$6



12-16 Oz. Select Varieties Barilla Pasta
3/\$4



6 Pk./16.9 Oz. Select Varieties Plus Dep. in NY Pepsi Products
2/\$10



7.75-9 Oz. Select Varieties Utz Potato Chips
BUY 1 GET 1 FREE



48 Oz. Select Varieties Perry's Ice Cream
BUY 1 GET 1 FREE



1893 Premium Beef
Boneless
Top Round
London Broil
\$6.99
LB.



1893 Premium
All Natural
Pork
Tenderloins
\$3.49
LB.



1893 Premium
All Natural Pork
Bone-In
Assorted
Pork Chops
\$1.99
LB.



1893 Premium Beef
Boneless
Top Round
Steaks
\$7.99
LB.



1 Lb.
Plainville Farms
94% Lean
Ground Turkey
\$5.99
EA.



1893 Premium
All Natural Pork
Bone-In
Country Style
Spare Ribs
\$2.49
LB.



9.7-10.5 Oz.
Select Varieties
Fresh Express
Caesar Salad Kits
\$3.99
EA.



11.5-16 Oz.
Select Varieties
Marzetti Dip, La Mexicana or Mitchell's Salsa or Marie's or Chick-Fil-A Dressing
\$3.99
EA.



16 Oz., Fresh
Bolthouse Farms
Baby Carrots
2/\$3



16 Oz. Pkg.
Select Varieties
The Little Potato Co.
Potatoes
\$3.49
EA.



14-16 Oz.
Mini
Cucumbers or Sweet Peppers
\$3.99
EA.



32 Oz.
Philly Gourmet
100% Beef
Patties
\$11.99
EA.



2.75-3 Lb.
Reser's Deli Salads
\$6.99
EA.



20-24 Oz.
Select Varieties
Reser's Main St. Bistro Signature Sides
\$3.99
EA.



7-9 Oz.
Select Varieties
Oscar Mayer Deli Shaved Lunch Meat
\$5.99
EA.



In Our Deli
Select Varieties
Cornershop Cuts Chicken Breast
\$8.99
LB.



In Our Deli
Smithfield Domestic Cooked Ham
\$6.99
LB.



20-32 Oz.
Select Varieties
Claussen Pickles
\$4.99
EA.



8 Oz.
Select Varieties
Sabra Hummus
2/\$6




12 Oz.
Select Varieties
Johnsonville Breakfast Sausage
\$4.99
EA.




18-26 Oz.
Select Varieties
Mama Lucia Beef or Italian Meatballs
\$6.99
EA.



18-20 Oz.
Matlaw's Stuffed Clams or Scallops
\$5.99
EA.



32 Oz.
Select Varieties
Bubba Burgers
\$18.99
EA.



16 Oz.
Select Varieties
Cake Roll
\$7.99
EA.



14 Oz.
Sliced Banana Bread
\$6.99
EA.



6 Ct.
Select Varieties
Cupcakes
\$6.99
EA.

Advance Orders Welcome!



30 Oz.
Select Varieties
Holiday Quarter Sheet Layer Cakes
\$24.99
EA.



9.6-16.1 Oz.
Select Varieties
Kellogg's Cereal

\$3.99
EA.



16 Oz.
Select Varieties
Ken's Steak House Dressing

2/\$6



128 Oz.
Select Varieties
Hawaiian Punch

\$3.49
EA.



24 Oz.
Select Varieties
Mt. Olive Pickles

\$3.99
EA.



20 Oz.
French's Yellow Mustard

\$2.69
EA.



16 Oz.
Select Varieties
Hidden Valley Dressing

\$4.69
EA.



0.77-3.5 Oz.
Select Varieties
McCormick Grinders or Grill Mates Seasoning

2/\$6



8 Oz.
Select Varieties
Cool Whip Whipped Topping

2/\$4



12-18.4 Oz.
Select Varieties
Pillsbury Frosting, Cake or Brownie Mix

2/\$4



19-32 Oz.
Select Varieties
Ore-Ida Potatoes

\$4.49



5-15.5 Oz.
Select Varieties
Lay's, Doritos or Tostitos Chips or Salsa

3/\$10



44-90 Ct.
Select Varieties
Dixie Bowls or Plates

\$6.99
EA.



24 Oz.
Select Varieties
Arnold Whole Grains Bread

\$3.99
EA.



20 Oz.
Select Varieties
Sara Lee Bread

\$2.99
EA.



12-13 Oz.
Select Varieties
Thomas' English Muffins

BUY 1 GET 1 FREE



4.9-5.5 Oz.
Select Varieties
Pringles Potato Crisps

2/\$5



10 Pk./60 Oz.
Select Varieties
Kool-Aid Jammers

2/\$7



8 Pk./20 Oz.
Select Varieties
Gatorade Thirst Quencher

\$8.99
EA.



64 Oz.
Select Varieties
Turkey Hill Iced Tea

2/\$4



59 Oz.
Minute Maid Punch or Ades

2/\$4



10 Ct. or 9.9-11.5 Oz.
Select Varieties
Maxwell House Ground Coffee

\$6.99
EA.



64 Oz.
Select Varieties
Coffee Mate Creamers

\$6.99
EA.



4.5-5.3 Oz.
Select Varieties
Dannon Greek Yogurt

3/\$4



6 Ct.
Select Varieties
Luigi's Italian Ice

\$3.49
EA.



1893 Premium Beef
Product Of Brazil
**New York
Strip Steaks**
\$10⁹⁹
LB.

7 Oz.
**Kelchner's
Cocktail Sauce**
2/5



16 Oz., 31/40 Ct.
**Best Yet
Raw EZ Peel
Shrimp**
\$6⁹⁹
EA.



18.4 Oz.
Select Varieties
**Prairie Fresh
Marinated
Pork Tenderloins**
\$7⁹⁹
EA.



Boar's Head
PREMIUM DELI MEATS & CHEESES
In Our Deli
**Boar's Head
Ovensgold
Turkey Breast**
\$14⁹⁹
LB.



5-8 Oz.
Select Varieties
**Cracker Barrel
Chunk or Kraft
Shredded Cheese**
4/\$10



24 Pk./16.9 Oz.
Plus Dep. in NY
**Poland Spring
Spring Water**
\$3⁹⁹
EA.



16 Oz., Fresh
**Grape
Tomatoes**
\$2⁹⁹
EA.



5 Lb. Bag, US #2,
4.25 Lbs. of Potatoes
& .75 Lbs. of Salt
**Salt
Potatoes**
\$4⁹⁹
EA.



24 Pk./12 Oz.
Select Varieties
Plus Dep. In NY
**Pepsi
Products**
\$11⁹⁹
EA.



6 Oz.
Whole or Sliced
**Giorgio
Portabella
Mushrooms**
\$3⁴⁹
EA.



52 Oz.
Select Varieties
**Mayer Bros.
Lemonade**
\$2⁹⁹
EA.



5.75-12.4 Oz.
Select Varieties
**Cheez-It
Snack Crackers**
3/\$10



8 Oz.
Select Varieties
**Philadelphia
Cream Cheese**
2/\$5



10.96-29.7 Oz.
Select Varieties
Popsicles
\$5⁹⁹
EA.



12 Pk./12 Oz.
Select Varieties
Plus Dep. In NY
**Coca-Cola
Products**
\$6⁹⁹
EA.



3.5-14 Oz.
Select Varieties
**Nabisco
Snack Crackers**
2/\$6



24 Oz.
**Daisy
Sour Cream**
\$3⁷⁹
EA.

0.4-1 Oz.
**Hidden Valley
Mixes**
\$1⁹⁹
EA.



6.67-8 Oz.
Select Varieties
**Sargento
Sliced Cheese**
2/\$6



10.7-12 Oz.
Select Varieties
**Kraft
Singles**
\$3⁹⁹
EA.



16 Oz.
Select Varieties
**Oscar Mayer
Sliced Bacon**
\$6⁹⁹
EA.



14.4 Oz.
**Best Yet
Graham
Crackers**
\$3⁴⁹
EA.

10 Oz.
**Best Yet
Marshmallows**
\$1¹⁹
EA.



6 Ct.
Select Varieties
**Hershey's
Chocolate**
\$7⁹⁹
EA.



46 Oz.
Select Varieties
**Turkey Hill
Ice Cream**
2/\$7



14-18 Oz.
Select Varieties
**Sweet
Baby Ray's
Sauce**
2/\$4