

Local Family
Owned & Operated

Now Accepting!
Cornell Dining's City Bucks Program
Only At Our Ithaca Location

DOUBLE COUPONS UP TO 99¢

See store for details.

Visit us online at: pandcfresh.com

Ad Prices Effective: Sunday, Sept. 13th – Saturday, Sept. 19th, 2026



1893 Premium All Natural
Chicken Leg Quarters
\$1.29
Lb.



All Natural
Pasture Raised
Product Of Brazil
Boneless Rib Eye Steaks
\$11.99
Lb.



1893 Premium All Natural
Bone-In Center Cut Pork Chops
\$2.49
Lb.



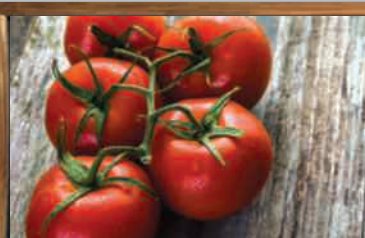
5 Lb. Bag
US #1 or
Canada Grade A
White Potatoes
\$2.99
Ea.



Seedless
Black, Red or Green Grapes
\$2.49
Lb.



4 Oz.
Select Varieties
Little Leaf Farms Salad Blends
2/\$5



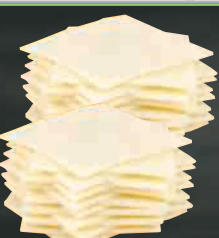
Cluster
Tomatoes on the Vine
\$1.99
Lb.



3 Lb. Bag
US #1,
NY State Grown
Select Varieties
Fresh Apples
\$3.99
Ea.



Wunderbar Bologna
\$3.99
Lb.



Select Varieties
Cooper Sharp White American Cheese
\$6.99
Lb.



6 Ct.
Hoagie Rolls
\$3.99
Ea.



46 Oz., Select Varieties
Tropicana Grapefruit or Orange Juice
\$3.49
Ea.
Additional Quantities \$3.99 Ea.
Limit 2 Coupons Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
OFFER VALID 09/13/26 - 09/19/26 PLU#650



16 Oz., Select Varieties
Hormel Black Label Bacon
\$4.99
Ea.
Additional Quantities \$5.99 Ea.
Limit 2 Coupons Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
OFFER VALID 09/13/26 - 09/19/26 PLU#651



48 Oz.
Select Varieties
Perry's Ice Cream
\$3.99
Ea.
Additional Quantities 2/\$10
Limit 2 Coupons Per Customer With A \$30 Additional Purchase. Excludes Online Orders.
OFFER VALID 09/13/26 - 09/19/26 PLU#652



9.9-11.5 Oz.
Select Varieties
Maxwell House Ground Coffee

\$3.99
Ea.



32 Oz.
Select Varieties
Coffee Mate Creamer

\$3.99
Ea.



6.4 Oz.
Select Varieties
Banquet Brown 'N Serve Links or Patties

2/\$4



5.5-7.3 Oz.
Select Varieties
Kraft Mac & Cheese

5/\$5



14.5-24 Oz.
Select Varieties
Prego Pasta Sauce

2/\$5



18.6-19 Oz.
Select Varieties
Campbell's Chunky Soup

2/\$5



12 Pk./12 Oz.
Select Varieties
Plus Dep. in NY
Pepsi Products

\$7.99
Ea.



1893 Premium Beef
**Boneless
Eye Round
Steaks or Roast**
\$7⁹⁹
Lb.



1893 Premium
All Natural Pork
**Bone-In
End Chops**
\$1⁹⁹
Lb.



1893 Premium
All Natural Pork
**Baby Back
Pork Ribs**
\$4⁹⁹
Lb.



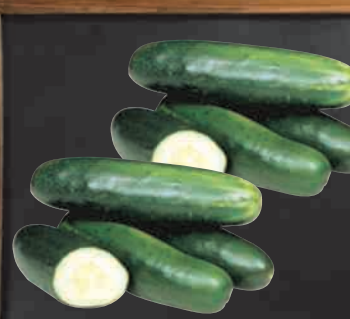
27.2 Oz.
Select Varieties
**Prairie Fresh
Marinated
Loin Filets**
\$7⁴⁹
Ea.



2 Lbs.
Fresh
**Bolthouse Farms
Carrots or
Yellow Onions**
\$1⁹⁹
Ea.



5-6 Oz.
Select Varieties
**Fresh Express
Baby Blends**
\$3⁹⁹
Ea.



Fresh
Cucumbers
99¢
Ea.



4 Ct.
**Rainbow
Peppers**
\$3⁹⁹
Ea.



4 Oz.
**Giorgio
Baby Button
Mushrooms**
\$1²⁹
Ea.



Fresh
**Green
Cabbage**
99¢
Lb.



3 Lb. Bag
Clementines
\$5⁹⁹
Ea.



5.3 Oz.
Select Varieties
**Dannon
Light + Fit or
Fruit On The
Bottom Yogurt**
88¢
Ea.



52 Oz.
Select Varieties
**Simply
Lemonade
or Juice**
2/\$5



22.2-26.4 Oz.
Select Varieties
**Digiorno
Stuffed Crust
Pizza**
\$9⁹⁹
Ea.



3.25-10 Oz.
Select Varieties
**Cheetos
or Fritos
Snacks**
\$3⁹⁹
Ea.



4.8-8.85 Oz.
Select Varieties
**Nature Valley
Snack Bars**
2/\$8



12 Ct.
Select Varieties
Strudel Bites
\$3⁴⁹
Ea.



14-32 Oz.
Select Varieties
**McCain
Potatoes**
2/\$6



6.9-8 Oz.
Select Varieties
**Zatarain's
Rice Mix**
\$2⁴⁹
Ea.



11-12 Oz.
Select Varieties
**Post
Honey Bunches
of Oats Cereal**
2/\$7



12-18.4 Oz.
Select Varieties
**Pillsbury
Brownie Mix,
Cake Mix or
Frosting**
2/\$4



7.5-12.4 Oz.
Select Varieties
**Cheez-It
Snack Crackers**
2/\$7



5 Oz.
Select Varieties
**Starkist
Chunk Light
Tuna**
99¢
Ea.



24 Pk./16.9 Oz.
Plus Dep. In NY
**Crystal Geyser
Water**
3/\$12